

Resident Survey/Survey by Proxy

Questions About You

1. Who are you?

- ☐ I am a resident
- ☐ I am a proxy (answering on behalf of a resident)

2. Gender

- ☐ Male
- ☐ Female
- ☐ Prefer not to say

3. How long have you been living in this facility?

- ☐ Less than 1 year
- ☐ 1-2 years
- ☐ 2-3 years
- ☐ More than 3 years

4. Where did you live before moving to this facility?

- ☐ Own home
- ☐ With family
- ☐ Another aged care home
- ☐ A retirement village
- ☐ Other

5. Was the distance from your home an important factor when choosing an aged care home?

- ☐ Yes
- ☐ No

6. How would you describe your overall health?

- ☐ Good
- ☐ Fair
- ☐ Poor

7. What is your level of mobility?

- ☐ Independently mobile (no assistance)
- ☐ Mobile with assistance (like using a walking aid)
- ☐ Limited mobility (like using a wheelchair)
- ☐ No mobility (bed-bound)

8. How often do you receive visits from family or friends

- ☐ Daily
- ☐ Weekly
- ☐ Monthly
- ☐ Few times a year
- ☐ Never

9. How often do you participate in social or recreational activities offered by the facility?

- ☐ Daily
- ☐ Weekly
- ☐ Monthly
- ☐ Rarely
- ☐ Never/I prefer not to

Noise

Based on your experience as a resident in the aged care home rate your opinion to the following statements a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

10. The noise level in the aged care home distracts me from conversations with staff or family members

1	2	3	4	5	6	7
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11. I have trouble hearing or understanding staff due to background noise

1	2	3	4	5	6	7
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12. The noise level in the aged care home affects my overall sense of calm and relaxation

1	2	3	4	5	6	7
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13. It is not easy for me to rest or sleep due to the noise level in the aged care home

1	2	3	4	5	6	7
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Temperature

Based on your experience as a resident in the aged care home rate your opinion to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

14. The temperature in my room is comfortable

1	2	3	4	5	6	7
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15. The temperature in lounge group spaces is comfortable

1	2	3	4	5	6	7
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16. Temperature levels in my room are consistent throughout day

1	2	3	4	5	6	7
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17. The temperature in my room affects my ability to sleep

1	2	3	4	5	6	7
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18. The temperature in the aged care home affects my comfort during interactions with staff or family

1	2	3	4	5	6	7
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Lighting

Based on your experience as a resident in the aged care home rate your opinion to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

19. The brightness of the lighting in my room during the day is appropriate

1	2	3	4	5	6	7
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20. The home's lighting affects my comfort during interactions with staff or family during the day

1	2	3	4	5	6	7
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21. The home's lighting affects my comfort during interactions with staff or family during the night

1	2	3	4	5	6	7
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22. The brightness of the lighting in my room during the night is appropriate

1	2	3	4	5	6	7
---	---	---	---	---	---	---

23. The lighting in my room affects my ability to sleep

1	2	3	4	5	6	7
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24. The lighting in lounge/group spaces is comfortable

1	2	3	4	5	6	7
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25. The lighting in the aged care home affects my wellbeing

1	2	3	4	5	6	7
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26. The lighting levels in the aged care home are consistent throughout the day

1	2	3	4	5	6	7
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Sleep

Based on your experience as a resident in the aged care home rate your opinion to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

27. As a resident in the aged care home, I have difficulty falling asleep at night

1	2	3	4	5	6	7
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28. As a resident in the aged care home, I have difficulty staying asleep throughout the night

1	2	3	4	5	6	7
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29. As a resident in the aged care home, I often wake up earlier than I would like

1	2	3	4	5	6	7
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30. I slept better at home compared to sleeping in the aged care facility

1	2	3	4	5	6	7
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31. I am currently on medications to help me sleep at night

- ☐ Yes
- ☐ No
- ☐ Don't know

32. As a resident in the aged care home, I experience distress from insomnia (On a scale of 0 to 10, where 0 is absent and 10 is severe)

- ☐ 0
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10

Common Spaces

Based on your experience as a resident in the aged care home rate your opinion to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

33. The common spaces outside my room are comfortable

1	2	3	4	5	6	7
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34. I enjoy moving around the building

1	2	3	4	5	6	7
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35. It is easy to find my way around the building

1	2	3	4	5	6	7
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36. It is noisy in the common areas of the building

1	2	3	4	5	6	7
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37. The kitchen and dining area are comfortable

1	2	3	4	5	6	7
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38. The colour scheme in the common areas is pleasant

1	2	3	4	5	6	7
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39. The external areas of the building are the right size for my activities

1	2	3	4	5	6	7
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40. I feel that this facility is too big

1	2	3	4	5	6	7
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41. I feel part of a community living here

1	2	3	4	5	6	7
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Room Design, Comfort, and Accessibility

Based on your experience as a resident in the aged care home rate your opinion to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

42. The colour scheme in my room is pleasant

1	2	3	4	5	6	7
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43. It is easy to access things in my room

1	2	3	4	5	6	7
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44. The bathroom is easy to use

1	2	3	4	5	6	7
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45. My room is too bright

1	2	3	4	5	6	7
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46. It is noisy in my room

1	2	3	4	5	6	7
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47. I feel safe in my room

1	2	3	4	5	6	7
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48. This room makes me feel comfortable

1	2	3	4	5	6	7
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End of survey

Thank you for your time

Staff Survey

Questions about you

1. Gender

- ☐ Male
- ☐ Female
- ☐ Prefer not to say

2. How long have you been in the aged care profession?

- ☐ <5 years
- ☐ 6-9 years
- ☐ 10-19 years
- ☐ 20+ years

3. What is your designation or role?

- ☐ Registered Nurse (RN)
- ☐ Manager
- ☐ Executive
- ☐ Allied health professional
- ☐ Administrator
- ☐ Other support staff

Noise Generation

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

4. Alarms generate significant noise in the aged care home

1	2	3	4	5	6	7
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5. Talking between staff generate significant noise in the aged care home

1	2	3	4	5	6	7
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6. Resident activities generate significant noise in the aged care home

1	2	3	4	5	6	7
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7. Visitors such as family members generate significant noise in the aged care home

1	2	3	4	5	6	7
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8. Ancillary services (delivery or meals, removal of rubbish) contribute to significant noise

1	2	3	4	5	6	7
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Perceived Impact to Residents

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

9. Aged care home noise levels distract me from effective communication with residents or their family

1	2	3	4	5	6	7
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10. I have trouble hearing or understanding residents due to background noise

1	2	3	4	5	6	7
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11. The noise level in the aged care home affects my overall sense of calm and ability to provide care

1	2	3	4	5	6	7
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12. Residents are not impacted by noise level and find it easy to rest or sleep in the aged care home

1	2	3	4	5	6	7
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13. The design of the aged care home impacts on residents' ability to sleep and rest

1	2	3	4	5	6	7
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Impact to Care

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

14. I am able to communicate safely and effectively with other staff without disrupting residents' sleep

1	2	3	4	5	6	7
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15. The way in which the aged care home is designed helps me to perform my duties

1	2	3	4	5	6	7
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16. Noise levels in the aged care home negatively impact on care

1	2	3	4	5	6	7
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17. I believe the quality of my work is negatively impacted by a noisy environment

1	2	3	4	5	6	7
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18. I believe noise decreases my sense of connection with residents

1	2	3	4	5	6	7
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19. A quieter environment would improve my sense of connection with the residents

1	2	3	4	5	6	7
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20. I believe noise negatively impacts on residents' sleep quality in the aged care home

1	2	3	4	5	6	7
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21. Noise levels in the aged care home negatively impact staff well-being

1	2	3	4	5	6	7
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Temperature

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

22. The temperature in the aged care home is hot

1	2	3	4	5	6	7
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23. The temperature in the aged care home is cold

1	2	3	4	5	6	7
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24. The temperature in the aged care home is appropriately adjusted for the season

1	2	3	4	5	6	7
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25. The temperature in residents' rooms is comfortable for providing care

1	2	3	4	5	6	7
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26. The temperature in lounge/group spaces is comfortable for staff and residents

1	2	3	4	5	6	7
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27. The temperature in residents' rooms affects their ability to sleep

1	2	3	4	5	6	7
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28. Temperature levels in residents' room are consistent throughout day

1	2	3	4	5	6	7
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Lighting

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

29. The brightness of the lighting in residents' rooms during the day is appropriate for care activities

1	2	3	4	5	6	7
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30. The lighting in the aged care home affects my wellbeing

1	2	3	4	5	6	7
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31. The lighting in the aged care home benefits interactions with residents or their family during the day

1	2	3	4	5	6	7
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32. The lighting in the aged care home benefits interactions with residents or their family during the night

1	2	3	4	5	6	7
---	---	---	---	---	---	---

33. The brightness of the lighting in residents' rooms during the night is appropriate for care activities

1	2	3	4	5	6	7
---	---	---	---	---	---	---

34. The lighting in residents' rooms affects their ability to sleep

1	2	3	4	5	6	7
---	---	---	---	---	---	---

35. The lighting in lounge/group spaces is comfortable for staff and residents

1	2	3	4	5	6	7
---	---	---	---	---	---	---

36. Lighting levels in the aged care home are consistent throughout the day

1	2	3	4	5	6	7
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Work Environment

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

37. The back of house areas are the right size and layout

1	2	3	4	5	6	7
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38. There is enough storage in the back of house areas

1	2	3	4	5	6	7
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39. Technology integration in Aged Care Homes improves my work experience

1	2	3	4	5	6	7
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40. The staff room is fitted out well

1	2	3	4	5	6	7
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41. I find it easy to assist residents in navigating the facility

1	2	3	4	5	6	7
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Facility Size and Sense of Community

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

42. This facility feels too big for the residents

1	2	3	4	5	6	7
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43. Residents appear to live as a community in this facility

1	2	3	4	5	6	7
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44. I feel a great sense of connection with the residents

1	2	3	4	5	6	7
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45. I am likely to recommend this facility to others based on my overall satisfaction

1	2	3	4	5	6	7
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46. Residents appear happy living in this facility

1	2	3	4	5	6	7
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47. The home's design and noise level provide an adequate level of privacy for residents

1	2	3	4	5	6	7
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48. The colour scheme in residents' rooms are pleasant

1	2	3	4	5	6	7
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49. Residents find it easy to access things in their room

1	2	3	4	5	6	7
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50. Residents find it easy to use the bathroom in their room

1	2	3	4	5	6	7
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Common Spaces

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

51. Common areas in the building are comfortable for residents

1	2	3	4	5	6	7
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52. Residents appear to enjoy moving around the building

1	2	3	4	5	6	7
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53. Residents appear to find it easy to find their way around the building

1	2	3	4	5	6	7
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54. The kitchen and dining area are comfortable for residents

1	2	3	4	5	6	7
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55. It is noisy in the common areas of the building

1	2	3	4	5	6	7
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56. The colour scheme in the common areas is pleasant

1	2	3	4	5	6	7
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57. The external areas of the building are the right size for resident activities

1	2	3	4	5	6	7
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Job Satisfaction

Based on your experience and perception provide a response to the following statements on a scale of 1-7 where (1) = Strongly Disagree, (2) = Disagree, (3) = Somewhat Disagree, (4) = Neither Agree nor Disagree, (5) = Somewhat Agree, (6) Agree, (7) Strongly Agree:

58. I have a great sense of satisfaction with my work in the facility

1	2	3	4	5	6	7
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59. A quieter environment would improve my job satisfaction

1	2	3	4	5	6	7
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60. The facility provides a pleasant working environment

1	2	3	4	5	6	7
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61. The building design makes it enjoyable to work here

1	2	3	4	5	6	7
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62. The design of the facility helps me perform my duties effectively

1	2	3	4	5	6	7
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End of survey

Thank you for your time